

Bear Core Adventures



Bear Required Adventure: Baloo the Builder

Complete all of the following requirements.

1. Discover which hand tools are the best ones to have in your tool box. Learn the rules for using these tools safely. Practice with at least four of these tools before beginning a project.
2. Select, plan, and define the materials for the project you will complete in requirement 3.
3. Assemble your materials, and build one useful project and one fun project using wood.
4. Apply a finish to one of your projects.



Bear Required Adventure: Bear Claws

Complete the following requirements.

1. Learn about three common designs of pocketknives.
2. Learn knife safety and earn your [Whittling Chip](#).*
3. Do one of the following:
 - A. Using a pocketknife, carve two items.
 - B. With a pocketknife, safely perform each of these tasks:
 1. Demonstrate how to cut a piece of rope, twine or fishing line;
 2. Open a sealed box without damaging the contents;
 3. Open a can with the can opener tool on a pocketknife;
 4. Remove and replace the screws on an object with the screwdriver tool on a pocketknife;
 5. Open a letter

*One of the items carved for Bear Claws requirement 3 may be used to fulfill Whittling Chip requirement 3.



Bear Required Adventure: Bear Necessities

Complete Requirements 1 - 4. Requirements 5 and 6 are optional.

1. While working on your Bear badge, attend one of the following:
 - A. A daytime or overnight campout with your pack or family
 - B. An outdoor activity with your den or pack
 - C. Day camp
 - D. Resident camp
2. Make a list of items you should take along on the activity selected in Requirement 1.
3. Make a list of equipment that the group should bring along in addition to each Scout's personal gear for the activity selected in Requirement 1.
4. Help set up a tent. Determine a good spot for the tent, and explain to your den leader why you picked it.
5. Demonstrate how to tie two half hitches and explain what the hitch is used for.

6. Learn how to read a thermometer and a barometer. Keep track of the temperature and barometric pressure readings and the actual weather at the same time every day for seven days.



Bear Required Adventure: Fellowship and Duty to God

Complete the following requirements.

1. Discuss with your parent, guardian, den leader, or other caring adult what it means to do your duty to God. Tell how you do your duty to God in your daily life.
2. Complete at least one of the following:
 - A. Identify a person whose faith you admire, and discuss this person with your family.
 - B. With a family member, provide service to a place of worship or a spiritual community, school, or community organization that puts into practice your ideals of duty to God and strengthens your fellowship with others.
3. Complete at least one of the following:
 - A. Earn the religious emblem of your faith that is appropriate for your age, if you have not already done so.
 - B. Make a list of things you can do to practice your duty to God as you are taught in your home or place of worship or spiritual community. Select two of the items and practice them for two weeks.



Bear Required Adventure: Fur, Feathers, and Ferns

Complete Requirement 1 plus three others.

1. While hiking or walking for one mile, identify six signs that any mammals, birds, insects, reptiles, or plants are living near the place where you choose to hike or walk.
2. Visit one of the following: zoo, wildlife refuge, nature center, aviary, game preserve, local conservation area, wildlife rescue group, or fish hatchery. Describe what you learned during your visit.
3. Name one animal that has become extinct in the last 100 years and one animal that is currently endangered. Explain what caused their declines.
4. Observe wildlife from a distance. Describe what you saw.
5. Use a magnifying glass to examine plants more closely. Describe what you saw through the magnifying glass that you could not see without it.
6. Learn about composting and how vegetable waste can be turned into fertilizer for plants.
7. Plant a vegetable or herb garden.



Bear Required Adventure: Paws for Action (Duty to Country)

Complete Requirement 1 plus two others from Requirements 2-4.

1. Learn about our nation's flag. Display it at home for one month. Say the Pledge of Allegiance and learn its meaning.
2. Do at least one of the following.
 - A. Find out about two famous Americans. Share what you learned.

- B. Find out where places of historical interest are located in or near your community, town, or city. Go and visit one of them with your family or den.
- 3. Do at least two of the following.
 - A. With your school or den, visit a local sheriff's office, police station, or fire department OR talk with a fire safety officer or law enforcement officer visiting your school or den. Find out what skills the officers use to do their jobs. Ask questions that will help you learn how to stay safe.
 - B. Make a list of emergency numbers and discuss with your family where the list should be kept. Show your family that you know how to call for help in an emergency. Talk with your family about people who could help you if a parent is not available.
 - C. With your family, develop a plan to follow in case of an emergency, and practice the plan at least three times. Your family can determine the emergency, or you can develop several plans.
- 4. Do at least one of the following.
 - A. Do a cleanup project that benefits your community.
 - B. Participate in a patriotic community parade or other civic event that honors our country.

Bear Elective Adventures



Bear Elective Adventure: A Bear Goes Fishing

Complete at least three of the following.

1. Discover and learn about three types of fish in your area. Draw a color picture of each fish, record what each one likes to eat, and describe what sort of habitat each one likes.
2. Learn about your local fishing regulations with your den leader or a parent or guardian. List three of the regulations you learn about and one reason each regulation exists.
3. Learn about fishing equipment, and make a simple fishing pole. Practice casting at a target.
4. Go on a fishing adventure, and spend a minimum of one hour trying to catch a fish. Put into practice the things you have learned about fish and fishing equipment.



Bear Elective Adventure: Bear Picnic Basket

Complete at least three of the following.

1. Create your own Bear cookbook using at least five recipes you might cook or prepare either on your own or with some adult help. Include at least one recipe each for breakfast, lunch, dinner, and a nutritious snack.
2. With a family member or den leader, prepare for cooking by explaining the importance of planning, tool selection, sanitation, and cooking safety.
3. Select and prepare two nutritious snacks for yourself, your family, or your den.

4. With the help of an adult, select a recipe to prepare in a kitchen for your den or your family. Help to select the needed ingredients, perhaps from a garden, grocery store, or farmers' market. Cook and serve your planned meal. Clean up after the preparation and cooking.
5. With the help of an adult, select a recipe to prepare in the outdoors for your family or den. Help to select the needed ingredients, perhaps from a garden, grocery store, or farmers' market. Cook and serve your planned meal. Clean up after the preparation and cooking.



Bear Elective Adventure: Beat of the Drum

Complete requirement 1 plus two others from requirements 2-4.

1. Learn about the history and culture of American Indians or other indigenous people who lived in your area long ago.
2. Create a legend by building a diorama, writing a story, or presenting a skit.
3. Complete one of the following:
 - A. Make a dream catcher.
 - B. Make a craft similar to one made by American Indians or indigenous people.
 - C. Make a drum. Once your drum is complete, create a ceremonial song.
4. Complete one of the following:
 - A. Visit an Order of the Arrow dance ceremony.
 - B. Visit an American Indian event or an event presented by other indigenous people.
 - C. Learn and demonstrate ceremonial dance steps.
 - D. Create a ceremonial dance.



Bear Elective Adventure: Critter Care

Complete all of the following.

1. Do one of the following:
 - A. If you have a pet, make a list of tasks that you did to take care of the pet for two weeks.
 - B. If you do not have a pet, research one that you would like to have and prepare a report about the care it needs.
2. Complete one of the following:
 - A. Make a poster or a PowerPoint presentation about your pet or a pet you would like to have. Share the poster or presentation with your den, pack, or family.
 - B. Make a poster or PowerPoint presentation explaining three ways that animals can help people. Share the poster or presentation with your den, pack, or family.
3. Complete at least one of the following and share with your den, pack, or family:
 - A. Visit with a local veterinarian or an animal shelter caretaker. Find out what types of animals he or she might see on a regular basis and the types of care he or she gives to them.
 - B. Learn about careers that involve the care of animals. What education, training, and experience are required?



Bear Elective Adventure: Forensics

Complete all of the following.

1. Talk with your family or den about forensics and how it is used to help solve crimes.
2. Take your fingerprints and learn how to analyze them.
3. Complete one of the following:
 - A. Learn about chromatography and how it is used in solving crimes. Do an investigation using different types of black, felt-tip markers. Share your results with your den.
 - B. Do an analysis of four different substances: salt, sugar, baking soda, and cornstarch.
4. Complete one of the following:
 - A. Visit the sheriff's office or police station in your town. Find out how officers collect evidence.*
 - B. Learn about the different jobs available in forensic science. Choose two, and find out what is required to work in those jobs. Share what you learn with your den.
 - C. Learn how animals are used to gather important evidence. Talk about your findings with your den.

* Note that this may be done during the same visit as "Paws for Action" requirement 3A.



Bear Elective Adventure: Grin and Bear It

Complete at least four of the following.

1. Play a challenge game or initiative game with the members of your den. Take part in a reflection after the game.
2. Working with the members of your den, organize a Cub Scout carnival and lead it at a special event.
3. Help younger Cub Scouts take part in one of the events at the Cub Scout carnival.
4. After the Cub Scout carnival, discuss with the members of your den and your den leader what went well, what could be done better, and how everyone worked together to make the event a success.
5. With your den, develop a thank-you cheer to recognize those who helped organize the Cub Scout carnival.



Bear Elective Adventure: Make It Move

Complete all of the following.

1. Create an "exploding" craft stick reaction.
2. Make two simple pulleys, and use them to move objects.
3. Make a lever by creating a seesaw using a spool and a wooden paint stirrer. Explore the way it balances by placing different objects on each end.
4. Complete one of the following:
 - A. Draw a Rube Goldberg-type machine. Include at least six steps to complete your action.

- B. Construct a real Rube Goldberg–type machine to complete a task assigned by your den leader. Use at least two simple machines and include at least four steps.



Bear Elective Adventure: Marble Madness

Complete requirements 1-4. Requirement 5 is optional.

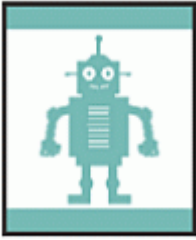
1. Discuss with your family or den the history of marbles, such as where and when the game began. Talk about the different sizes of marbles and what they are made of and used for.
2. Learn about three different marble games, and learn to play one of them. Learn how to keep score. Learn and follow the rules of the game. Play the game with your family, friends, or your den.
3. Learn four or five words that are used when talking about marbles. Tell what each of the words means and how it relates to playing marbles. Share this information with your den.
4. Complete one of the following:
 - A. With your den or family, make a marble obstacle course or marble golf course. Share what you create. Invite everyone to go through your course.
 - B. Create your own game using marbles, and design rules for playing the game. Share the game you created with your den, family, or friends. Explain the rules and how to play the game.
 - C. With your den or family, create a marble race track. Have at least two lanes so you can race your favorite marbles against each other.
 - D. Make a marble maze.
5. With the help of an adult, make a marble bag to hold marbles.



Bear Elective Adventure: Roaring Laughter

Complete at least four of the following.

1. Think about what makes you laugh. Write down three things that make you laugh.
2. Practice reading tongue twisters.
3. Create your own short story. Remove some nouns, verbs, adjectives, and adverbs from the story, leaving blanks. Without telling the story, have a friend insert his or her own nouns, verbs, adjectives, and adverbs in the story you created.
4. With a partner, play a game that makes you laugh.
5. Share at least two jokes with members of your den to make them laugh.
6. Practice at least two run-ons with your den, and perform them at a pack meeting or campfire program.



Bear Elective Adventure: Robotics

Complete at least four of the following

1. Identify six tasks performed by robots.
2. Learn about some instances where a robot could be used in place of a human for work. Research one robot that does this type of work, and present what you learn to your den.
3. Build a robot hand. Show how it works like a human hand and how it is different from a human hand.
4. Build your own robot.
5. Visit a place that uses robots.



Bear Elective Adventure: Salmon Run

Complete requirements 1-4 plus two others.

1. Explain the importance of response personnel or lifeguards in a swimming area. Tell how the buddy system works and why it is important.
2. Visit a local pool or swimming area with your den or family. Go swimming or take a swimming lesson.
3. Explain the safety rules that you need to follow before participating in boating.
4. Identify the safety equipment needed when going boating.
5. Demonstrate correct rowing or paddling form. Explain how rowing and canoeing are good exercise.
6. Show how to do both a reach rescue and a throw rescue.
7. Demonstrate the front crawl swim stroke to your den or family.
8. Name the three swimming ability groups for the Boy Scouts of America.
9. Earn the BSA beginner swim classification.



Bear Elective Adventure: Super Science

Complete at least four of the following.

1. Make static electricity by rubbing a balloon or a plastic or rubber comb against another material, such as a fleece blanket or wool sweater. Explain what you learned.
2. Conduct one other static electricity investigation. Explain what you learned.
3. Do a sink-or-float investigation. Explain what you learned.
4. Do a color-morphing investigation. Explain what you learned.
5. Do a color-layering investigation. Explain what you learned.



Bear Elective Adventure: A World of Sound

Complete all of the following

1. Make an mbira.
2. Make a sistrum.
3. Make a rain stick.

Bear Elective Preview Adventure: Protect Yourself Rules



Protect Yourself
Rules

Complete each of the following:

1. Watch the "Protect Yourself" video lessons for this adventure.
2. Explain the difference between a safe touch and an unsafe touch.
3. Identify five trusted adults and share this list with your parent or legal guardian.
4. Describe "personal space." and complete the Personal Space Bubble.
5. Come up with three different ways to say no to someone who touches you on a private body part.

Bear Elective Preview Adventure: Yo-Yo



Yo-Yo

Complete each of the following:

1. Learn the safety rules of using a yo-yo and follow them at all times.
2. Using a real yo-yo string, a regular string, or a piece of yarn, show how to find the proper yo-yo string length for you.
3. Explain why it is important to have the correct string length and to be in the right location before throwing a yo-yo.
4. Demonstrate how to properly string a yo-yo and how to create a slip knot.
5. In an area where there are no hazards or other people, conduct the pendulum experiment with a yo-yo. Explain what happens to the yo-yo when the string is short compared to when the string is longer.
6. Show that you can properly wind a yo-yo.
7. Demonstrate the gravity pull trick with a yo-yo.

Bear Elective Preview Adventure: Modular Design



Modular Design

Complete the following requirements:

1. Learn what modular design is and identify three things that use modular design in their construction.
2. Identify three benefits of using modular design.
3. Using modular-based building pieces, build a model from a set of instructions.
4. Using modular-based building pieces, build a model without using a set of instructions. The model may represent something real or imagined.
5. Using the model you made in requirement 4, create a set of step-by-step instructions on how to make your model. Have someone make your model using your instructions.
6. Share your model with your den and/or family. Explain what your model is designed to do.